2018 VOLbreaks Lottery Packet
[October 4\textsuperscript{th}-7\textsuperscript{th}, 2018]

ABOUT VOLBREAKS

Since 1993, the University of Tennessee has sent students all over the country to participate in a range of service activities during a university break. The mission of VOLbreaks is to engage students in meaningful and collaborative community service in an effort to increase awareness of social issues and strengthen the communities in which they serve as well as foster a strong sense of community among trip participants and to the university as a whole.

WHAT DO I NEED TO BRING TO LOTTERY?

- 1 color \textit{copy} of your driver’s license
- Your Student ID Number
- \$\textit{50 non-refundable} cash or check (made out to the Alternative Break Program)
- Signed Expectations & Agreement of Conduct & Assumption of Risk Forms (attached)

WHAT ARE THE TRIPS I COULD GO ON?

\textbf{Adaptive Sports}

Trip Leaders: Mackenzie Hobbs (mhubbs10@vols.utk.edu) & Brandon Wilmoth (bwilmoth@vols.utk.edu)

An estimated 56.7 million Americans live with a disability (American Physical Therapy Association). On this trip, we will learn about the importance of maintaining an active lifestyle when one obtains a disability. For many persons with disabilities, adaptive sports and activities bridge the gap to enjoying physical exercise. Adaptable Sports serve as a competitive and recreational source for persons with disabilities including but not limited to persons with physical, mental, or emotional disabilities. Because we will be serving persons on varying physical levels, an array of activities and sports will be taught and facilitated by our participants. This will be a fun, educational, and fulfilling opportunity for anyone interested in working with others, and we look forward to you joining our trip!
Community Development
Trip Leaders: Jasmine Blue ([blue6@vols.utk.edu]) & Mustafa Salameh ([msalame2@vols.utk.edu])

This fall break trip will be focused on issues related to substandard and affordable housing. Substandard Housing is housing that fails to meet suitable living conditions for its occupants: it may be too dangerous to occupy or pose a serious health hazard. People may be forced to live in substandard housing conditions or experience homelessness due to a lack of affordable housing units. On our trip, we will examine the numerous ways that a lack of affordable housing impacts communities and serve with organizations that are addressing an affordable housing crisis and its symptoms.

Education
Trip Leaders: Emily Love ([elove7@vols.utk.edu]) & Wesleigh Wright ([wwrigh27@vols.utk.edu])

Education disparity in America does not stem from a sole source, rather it is symptomatic of a myriad of other issues. Whether it be poverty and racism or legislation and infrastructure that cause it, those affected by education disparity often fundamentally disadvantaged in life and tend to relive the negative cycles that produced their situation. This Alternative Fall Break trip will focus on addressing the problem of education disparity in an area of extreme poverty by observing the systemic ways that action is being taken in a community and increasing the awareness of trip attendees on the highs and lows of this social justice issue.

LGBTQ+ Advocacy
Trip Leaders: Thomas Cortez ([tcortez@vols.utk.edu]) & Michael Almond ([malmond@vols.utk.edu])

This Alternative Break trip holds an emphasis on many issues that still surround the LGBTQ+ community throughout the United States and will focus on three distinct topics: health within the community, violence against the community, and legislation that affects the community. Participants on this trip can expect to work with many organizations that benefit the community on diversifying levels. Our trip aims to educate participants about the struggles that this community still faces, with an emphasis on the field of healthcare. Overall, this trip will highlight the efforts we can make to foster and promote equality within the realm of sexual orientation and gender identity.

Public Health
Trip Leaders: Emma Allish ([eallish@vols.utk.edu]) & Taylor Wiseman ([twisema3@vols.utk.edu])

According to a study by the Mayo Clinic, less than 3% of the U.S. population meet the basic qualifications for living a “healthy lifestyle.” What does it mean practically to live a healthy lifestyle, and how do factors like socioeconomic status, race, gender, background, and region affect one’s ability to live in good health? On this trip, participants will delve into various aspects of public health, including healthcare access, nutrition, food deserts, and aging. Students can expect to learn more about various facets of public health through working in local community gardens, volunteering at an area food bank, serving at a local Ronald McDonald House, working at aging facilities, and more.

Wealth Inequality
Trip Leaders: Caroline Arias ([carias1@vols.utk.edu]) & Lucas Kirkpatrick ([lkirkpat@vols.utk.edu])

According to a June 2017 report by the Boston Consulting Group, around 70% of the nation’s wealth will be in the hands of millionaires and billionaires by 2021. When the majority of a country’s wealth is in the hands of a small percentage of the population, it becomes a problem for those who are not as financially stable and struggle to attain the resources that enable them to succeed, and sometimes, even to survive. Poverty rates for marginalized groups are higher across every age category, which demonstrates that wealth inequality is often tied to race and age. Overall, our trip will be working closely with community organizations whose mission is to address the roots and causes of wealth inequality.
Women’s Empowerment

Trip Leaders: Caitlin Lloyd (clloyd9@vols.utk.edu) & Diana Pope (diakpope@vols.utk.edu)

This fall break trip will be working towards growing understandings of what it means to identify as a woman and how intersecting identities contribute to the lives that women lead. We will be working with multiple organizations whose main focus is to equip women of different backgrounds with tools and resources to lead better lives.

Youth Development

Trip Leaders: Cait Berosh (cberosh@vols.utk.edu) & Sydnie Toler (stoler@vols.utk.edu)

On this fall break trip participants will gain an understanding of the different psychosocial influences that can affect a child’s development. Participants will be exposed to children with neurological disorders, specifically epilepsy, and participate in service to help these children experience personal growth.

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Fall VOLbreaks Lottery

Tuesday September 11th 7pm Orange Hall

What is the lottery?

- Lottery is where you sign-up for your Alternative Break trip!
- The lottery sign-up allows for everyone to have the same chance at getting a spot on a trip of their choice.
- It is possible to come to the lottery and not be placed on a trip as demand sometimes exceeds the spaces available, but there is a wait list for each trip.

What if I wanted to go on a trip with a friend?

- We understand that the lottery system makes this hard. While there is still a chance you end up with a friend, if you don’t, is that really so bad? All of these trips are great experiences, and we are sure you will make new connections and best friends along the way!

How does the lottery work?

- Print this lottery packet from the CLS website.
- Bring your completed packet to Orange Hall on September 11th at 7:00pm.
- Bring your $50 non-refundable cash or check.
- If you aren’t there by 7:15 pm, you will only receive an opportunity to sign-up following the entire lottery process.
  - If you can't make it by the start time, send a friend to attend for you, or communicate with us, and we can have someone from our office be a proxy for you!
- Around 7:30 PM, we will begin calling numbers using a random selection process.
- When your number is called you go and sign-up for the trip of your choice.
- After you have signed up and met your leaders, you will complete other paperwork to go on your trip right then and there at the lottery.
- Each person will only be issued one lottery number.
A few tips:
- Come to the lottery with more than one trip in mind! That way you don’t even have to think about it when your number is called.
- Try not to be attached to going on the same trip as a friend, because great people sign up for all of these trips, and it can be a fun way to meet new people too.

Be advised:
- The University of Tennessee reserves the right to cancel or alter the trip format or to change costs in some conditions beyond our control.
- *All Alternative Break trips are alcohol, drug, and tobacco free.*

Questions?
- Contact nfrankel@vols.utk.edu
In consideration for being allowed to participate in Alternative Fall Break (“Activity”), which is a voluntary extracurricular activity being led by the University of Tennessee’s Center for Leadership and Service (“University”), I hereby release, waive, discharge, and covenant not to sue, and agree to hold harmless for any and all purposes University, its trustees, officers, employees, and agents (“Releasees”) from any and all liabilities, claims, demands, or injuries, including death, that may be sustained by me while participating in the Activity, while in transport to the Activity site, using equipment or facilities available to participants in the Activity, or while on the premises owned or leased by Releasees, including injuries sustained as a result of the negligence of Releasees. I acknowledge there may be physically strenuous activities. I know of no reason why I should not participate.

I am fully aware that there are inherent risks involved with the Activity and I choose to voluntarily participate in the Activity with full knowledge that said activity may be hazardous to me and my property. I acknowledge that the University may provide transportation by bus or van to an off-site facility. I voluntarily assume full responsibility for any risks of risks of loss, property damage or personal injury, including death, which may be sustained by me as a result of participating in the Activity. I further agree to indemnify and hold harmless the Releasees for any loss, liability, damage or costs, including court costs and attorney’s fees that may occur as a result of my participation in the Activity.

I also give the University permission to obtain any emergency medical care or treatment by a physician, physician’s assistant, surgeon, hospital, paramedic, or medical care facility as may be needed by me and accept responsibility for the costs. I acknowledge that the University does not provide medical insurance for me and that I am responsible to obtain sufficient insurance.

I agree to follow all instructions and procedures established by University regarding the Activity and transportation to the Activity. I give the University permission to publish in print, electronic, or video format the likeness or image of myself for the general promotion of the University and its programs.

It is my express intent that this Waiver and Hold Harmless Form shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Tennessee.

In signing this Waiver and Hold Harmless Form, I acknowledge and represent that I have read and understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements apart from the foregoing agreement that has been reduced to writing have been made. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future.

SIGNED this ___ day of ___, 20__.

Participant Signature: __________________________________________

Printed Name: ________________________________________________
University of Tennessee – Knoxville, VOLbreaks Agreement of Conduct

Although we do not want to discourage anyone from attending a UTK Alternative Break trip, we want to ensure that the nonnegotiable conditions of participation are clear. Please read the conditions below.

As a participant of the UTK Alternative Break Program...

• I understand that I am a representative of the University of Tennessee that has been chosen by Center for Leadership and Service to represent it and its interests. As such a representative, I understand that any actions I take on my VOLbreaks TRIP will negatively or positively affect opinions of others about our organization at UT.

• I will make my best effort to attend all team meetings, participate in pre-trip fundraising activities, and participate in all pre- and post-trip education and reorientation events (class and work conflicts only).

• I commit to a $125 non-refundable personal payment for the trip. I acknowledge that the full amount for the trip is due no later than Wednesday October 3rd, 2018.

• It is my responsibility to bring my own spending money for activities not paid for by the VOLbreaks program, meals while travelling to and from the trip location, and other personal expenses.

• I will be on time for all volunteer commitments during my VOLbreaks trip and will participate in all aspects of the VOLbreaks program and its activities.

• I will travel with the group via UTK transportation and will stay with the group at all times. No visitors are allowed during the VOLbreaks trip for the safety of participants.

• At all times I will be with at least one other member of the group. Alternative Break Leaders will determine the number of the smallest groups allowed for each trip. Activities outside the scope of the program will not be accommodated and participants should not make outside commitments.

• I will exhibit sensitivity to the culture of the trip location; observe local rules and laws; and abide by the philosophy, structure, and regulations of our host agencies.

• I understand that the Alternative Break Leaders (ABL) will assist in arranging reasonable housing and service sites. Nevertheless, the exact nature and conditions of these sites cannot be guaranteed. Many of the conditions we expect at home (including: hot water, daily showers, washers/dryers, privacy, etc.) may not be available.
I should not bring valuable items with me and I understand that the University, the Center for Leadership and Service, and the Housing Site are not responsible if my possessions are lost or stolen during my VOLbreaks trip. **Use of laptops or other technology should be limited to appropriate times that do not detract from the group experience** (i.e. no phones in nightly reflection, while serving vulnerable populations, or other times as made known by the ABLs and staff Learning Partner).

It is my responsibility to ensure I am covered by a travel and/or health insurance plan for the duration of the program, which includes emergency medical evacuation. If I am not covered by health or travel insurance, I must sign an insurance waiver, acknowledging that although medical insurance is not required for trip participation, it is highly recommended. The waiver also acknowledges that the University of Tennessee does not provide medical coverage and that Participants are responsible for any expenses associated with medical transport and/or treatment. Although Alternative Break leaders UT faculty/staff Learning Partners may recommend that a Participant receive medical attention, it is the Participant’s responsibility to make all decisions regarding his/her own appropriate health precautions and treatment.

I am required to follow all safety guidelines established by the ABLs, host agency, and housing site while on a UT VOLbreaks trip, as well as during travel to and from the trip site.

I may be in pictures or videos taken during activities associated with and during the trip and release the use of my likeness in these pictures and videos. They may be used for promotional materials for the VOLbreaks program, the Center for Leadership and Service, or other University of Tennessee programs, offices, or activities.

I understand that a primary goal of the program is **learning**. Group reflection is a key component of the trip’s success, and I understand that all participants will participate in the reflection led by ABLs.

I am a full-time UT student and will engage in behaviors that are responsible and mature and I will be responsible for my own actions and behavior and will be held accountable for actions and behaviors that violate the University of Tennessee’s Code of Conduct, which can be found by visiting: [http://studentconduct.utk.edu/wp-content/uploads/sites/53/2017/08/381013-StudentCodeOfConductBook-vFINAL2accessible.pdf](http://studentconduct.utk.edu/wp-content/uploads/sites/53/2017/08/381013-StudentCodeOfConductBook-vFINAL2accessible.pdf)

I will not bring, buy, sell, use, or consume alcohol, illegal drugs, or recreational drugs. Tobacco products may not be allowed at housing or service sites depending on the location. Participants will not bring, buy, sell, or use weapons of any kind, at any time, on the trip.

In the event of war or conflict (declared or undeclared), natural disaster or any other potential threat, the Dean of Students or her designee reserves the right to cancel, abbreviate or modify this event or program.

In order to remain a Participant, I must follow all program and University policies and adhere to trip leader instructions during the trip. If I voluntarily leaves the group, fail to follow University and/or UTK VOLbreaks policy, or is no longer deemed to be fit for participation and must be separated from the group, I therefore bear the responsibility for arranging and paying for return transportation. UTK is no longer responsible for me in this situation.
I acknowledge that if I choose to drive a University of Tennessee vehicle while on the trip:

- Only students currently on University of Tennessee’s payroll, or those who have watched the “Van Video”, are eligible to operate a UT vehicle and no personal use of the automobiles is allowed.
- I have a valid driver license. I will drive responsibly and courteously at all times. I will comply with all traffic and parking regulations. Violations are the responsibility of the driver. Occupants will wear seat belts at all times.
- I will not allow anyone who is not a UT employee (or van certified) to drive a UT vehicle in my possession & control.
- While using a UT vehicle, I am responsible for its condition and will make every reasonable effort to return the vehicle in substantially the same condition as I received it, ordinary wear and tear excepted. I also understand that I or my department may be financially responsible for damages resulting from abusive use of the vehicle in my possession. (modified from the “Vehicle Use Acknowledgement” on the UT Transportation Services website)

I have read the University of Tennessee’s 2018 Fall VOLbreaks Trip Agreement and agree to abide by its contents. I understand the arrangements made for me and my responsibilities.

________________________________________  ____________________
SIGNATURE OF STUDENT                      DATE

________________________________________
PRINTED NAME

________________________________________  ____________________
SIGNATURE OF PARENT/LEGAL GUARDIAN         DATE
IF STUDENT IS UNDER 18 YEARS OF AGE

________________________________________
PRINTED NAME